

LITCHFIELD SENIOR CENTER ACTIVITIES CALENDAR - **AUGUST, 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<p><i>If the open flag is out, please stop in. Days and time of being open are subject to change.</i></p> <p>Exercise equipment available for use when open.</p>				<p>1</p> <p>8:30 Indoor walking with Dian 10 Card games 12 BYO lunch 1 Unlucky 7's; cards/ games</p>	<p>2/3</p>
<p>4 8:30-9:15 Indoor walking @ Senior Center with Dian; 9:30 Tai Chi/Qigong at the Center with Sharon and Paula.</p> <p>10 Senior Steppers(Line Dancers) to Russell Park Rehab Living Center. Lewiston. Bus leaves at 9</p>	<p>5</p>	<p>6</p> <p>Senior Center open 9:30 to 12:30, stop in for books, puzzles, sign up for trips, etc.</p>	<p>7</p> <p>A trip to York's Wild Kingdom for a fun day of seeing different animals. Bus leaves from at 8:30 from Sportsmen's Club. Admission \$18.</p>	<p>8</p> <p>8:30 Indoor walking with Dian; 10 Card games 12 BYO lunch 1 Unlucky 7's/cards/games</p>	<p>9/10</p>
<p>11 8:30-9:15 Indoor walking @ Senior Center with Dian; 9:30 Tai Chi/Qigong at the Center with Sharon and Paula.</p> <p>2.30 Senior Steppers(Line Dancers) to Schooner Estates, Auburn. Bus leaves at 1:30</p>	<p>12</p>	<p>13</p> <p>10 Carol Bailey String Band to perform at the Gardiner Alzheimer's Center. Bus to leave at 9 from the Sportsmen's Club.</p>	<p>14</p>	<p>15 8:30 Indoor walking with Dian 10 Card games 12 Pot luck lunch & celebration of August birthdays 1 Unlucky 7's/cards, games 6 Sawyer Memorial- Studio Two: Beatles Tribute Band</p>	<p>16/17</p>
<p>18</p> <p>8:30-9:15 Indoor walking @ Senior Center with Dian; 9:30 Tai Chi/Qigong at the Center with Sharon and Paula.</p> <p>9:30-11 Line Dancing at Sportsmen's Club; Senior Center open 11:30-2</p> <p>1 Book Club – "Good Material" by Dolly Alderton</p>	<p>19</p>	<p>20</p> <p>Senior Center open 9:30 to 12:30, stop in for books, puzzles, sign up for trips, etc.</p>	<p>21</p> <p>Senior's Advisory Committee meeting @ 1</p>	<p>22</p> <p>8:30 Indoor walking with Dian 10 Card games 12 BYO Lunch 1 Unlucky 7's/cards/games 6 Sawyer Memorial-Don Campbell Band – recent inductee to the Maine Country Music Hall of Fame</p>	<p>23/24</p>
<p>25 8:30-9:15 Indoor walking @ Senior Center with Dian; 9:30 Tai Chi/Qigong at the Center with Sharon and Paula.</p> <p>9:30-11 Line Dancing at Sportsmen's Club</p> <p>Senior Center open at 11:30-2 for cards, games, puzzles, etc.</p>	<p>26</p>	<p>27</p> <p>11 – Carol Bailey String Band to perform for the Richmond Seniors outside in the gazebo, weather permitting. Bus leaves at 10 from Sportsmen's Club.</p>	<p>28</p> <p>Windsor Fair, Senior Day age 60 + admission \$5.00 Bus leaves from Sportsmen's Club at 9</p>	<p>29</p> <p>8:30 Indoor walking with Dian 9:30 Qigong/Tai Chi exercises 10 Card games 12 BYO Lunch 1 Unlucky 7's/cards/games</p>	<p>30/31</p>

Senior Center telephone 207-446-6275 Pat Soboleski, Director
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