

LITCHFIELD SENIOR CENTER ACTIVITIES CALENDAR - SEPTEMBER, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
1 Holiday – Labor Day	2 If the open flag is out please stop in. Days and time of being open are subject to change. Exercise equipment available for use when open.	3 Senior Center open at 9:30 to 12:30, stop in to check out the puzzles, books, sign up for trips, etc.	4	5 8:30 Indoor walking with Dian 9:30 Card games 1 CB BAND at Litchfield Fair 2:30 SENIOR STEPPERS at Fair	6/7
8 8:30 -9:15 Indoor walking @ Senior Center with Dian; 9:30 Tai Chi/Qigong at the Center with Sharon & Paula. 9:30-11 Line Dancing at Sportsmen's Club Senior Center open 11:30-2	9	10 Senior Center open at 9:30 to 12:30, stop in to check out the puzzles, books, sign up for trips, etc.	11	12 8:30 Indoor walking with Dian; 9:30 Card games 12 BYO lunch 2 & 7 Carol Bailey String Band to appear & perform at Sawyer Memorial in Greene for 2 performances	13/14
15 8:30-9:15 Indoor walking @ Senior Center with Dian; 9:30 Tai Chi/Qigong at the Center with Sharon & Paula 9:30-11 Line Dancing at Sportsmen's Club Senior Center open 11:30-2 1 Book Club Discussion – "James" by Percival Everett	16	17 11 – Carol Bailey String Band to perform at Young at Heart Seniors in Windsor	18 Senior's Advisory Committee meeting @ 1	19 8:30 Indoor walking with Dian 10 Card games 12 Pot luck lunch & celebrate September birthdays 1 Unlucky 7's/cards/games	20/21
22 8:30-9:15 Indoor walking @ Senior Center with Dian; 9:30 Tai Chi/Qigong at the Center with Sharon & Paula 10:30 Senior Steppers(Line Dancers) perform at the Alzheimer's Care Center, Gardiner	23	24 Senior Center open at 9:30 to 12:30, stop in to check out the puzzles, books, sign up for trips, etc.	25	26 8:30 Indoor walking with Dian 10 Card games 12 BYO Lunch 1 Unlucky 7's/cards/games	27/28
29 8:30-9:15 Indoor walking @ Senior Center with Dian; 9:30 Tai Chi/Qigong at the Center with Sharon & Paula 9:30-11 Line Dancing at Sportsmen's Club; Senior Center open at 11:30-2	30				

Senior Center telephone 207-446-6275 Pat Soboleski, Director
 Senior Center address: 466 Academy Rd., Litchfield
 Next to Libby Tozier Elementary School
 Mailing address: 2400 Hallowell Rd., Litchfield 04350